

LIVERPOOL ZONE ATHLETICS RECORD HOLDERS (AS OF 2013)

DISCUS

| | | | |
|--------------------------------|--------|------|-----------------------------|
| Junior Boys Discus Throw | 28.94m | 2001 | H.Richardson - Hammondville |
| Junior Girls Discus Throw | 27.22m | 2000 | C.Wallace - Nuwarra |
| 11 Year Old Boys Discus Throw | 31.40m | 2009 | B.Lloyd – Newbridge Heights |
| 11 Year Old Girls Discus Throw | 33.67m | 2008 | J.Lloyd – Nuwarra |
| 12-13 Year Boys Discus Throw | 30.48m | 2001 | J.Arnohanga - Warwick Farm |
| 12-13 Year Girls Discus Throw | 28.00m | 2011 | S. Wildraut - Casula |

HIGH JUMP

| | | | |
|-----------------------------|-------|------|------------------------------|
| Junior Boys High Jump | 1.36m | 1989 | T.Const - Lurnea |
| Junior Girls High Jump | 1.35m | 2002 | W.Kahle - Nuwarra |
| 11 Year Old Boys High Jump | 1.44m | 1997 | D.Eyles - Casula |
| 11 Year Old Girls High Jump | 1.45m | 2011 | C.Williams - Casula |
| 12-13 Year Boys High Jump | 1.54m | 2009 | S.Mudaliar – Chipping Norton |
| 12-13 Year Girls High Jump | 1.51m | 1994 | C.Jones - Newbridge Heights |

LONG JUMP

| | | | |
|-----------------------------|-------|------|-------------------------------|
| Junior Boys Long Jump | 4.55m | 1991 | A.Coulter - Newbridge Heights |
| Junior Girls Long Jump | 4.43m | 1975 | E.Closs - Lurnea |
| 11 Year Old Boys Long Jump | 4.61m | 1992 | A.Coulter - Newbridge Heights |
| 11 Year Old Girls Long Jump | 4.35m | 2011 | C.Williams - Casula |
| 12-13 Year Boys Long Jump | 4.92m | 1982 | S.Kennedy - Warwick Farm |
| 12-13 Year Girls Long Jump | 4.81m | 1983 | Y.Horn - Hammondville |

SHOT PUT

| | | | |
|--|---------|------|---------------------------|
| Junior Boys Shot Put | 10.91m | 1997 | R.Boateng - Liverpool |
| Junior Girls Shot Put | 9.71m | 2009 | C.Williams – Casula |
| 11 Year Old Boys Shot Put | 12.00m | 1999 | T.Williams - Marsden Road |
| 11 Year Old Girls Shot Put | 11.2m | 2008 | J.Lloyd - Nuwarra |
| 12-13 Year Boys Shot Put | 9.30m | 1985 | B.Harris - Warwick Farm |
| 12-13 Year Girls Shot Put (after 2009) | 10.67 m | 2013 | A. Silva - Nuwarra |

800 METRES

| | | | |
|---------------------------------|---------|------|--------------------------|
| Junior Boys 800 Metres | 2:34.90 | 1981 | M.Haw - Lurnea |
| Junior Girls 800 Metres | 2:45.80 | 1987 | M.Simpson - Casula |
| 11 Year Old Boys 800 Metres | 2:29.93 | 1990 | G.Farthing - Nuwarra |
| 11 Year Old Girls 800 Metres | 2:48.90 | 2012 | B.Wilkins – Sackville St |
| 12-13 Year Old Boys 800 Metres | 2:31.00 | 1977 | A.McGrath - Liverpool |
| 12-13 Year Old Girls 800 Metres | 2:38.00 | 1988 | M.Simpson - Casula |

100 METRES

| | | | |
|------------------------------|-------|------|--------------------------------|
| 8 Year Old Boys 100 Metres | 15.47 | 2007 | J.Fonua – Marsden Road |
| 8 Year Old Girls 100 Metres | 16.09 | 2010 | E.Ropati - Casula |
| 9 Year Old Boys 100 Metres | 14.80 | 2010 | J.Taylor-Myles – Wattle Grove |
| 9 Year Old Girls 100 Metres | 15.59 | 2012 | S. Walker - Liverpool |
| 10 Year Old Boys 100 Metres | 14.25 | 2012 | D.Chou Lee - Dalmeny |
| 10 Year Old Girls 100 Metres | 14.80 | 2010 | C.Williams - Casula |
| 11 Year Old Boys 100 Metres | 13.50 | 2008 | A. Daramy - Liverpool |
| 11 Year Old Girls 100 Metres | 14.38 | 2011 | C.Williams - Casula |
| 12 Year Old Boys 100 Metres | 13.22 | 2012 | Y.Ngeng – Chipping Norton |
| 12 Year Old Girls 100 Metres | 14.45 | 2010 | B.Treacey - Hammondville |
| 13 Year Old Boys 100 Metres | 15.19 | 2012 | K.Windshuttle - Hammondville |
| 13 Year Old Girls 100 Metres | 15.11 | 2007 | J.Cambourne – Sackville Street |

200 METRES

| | | | |
|------------------------------|-------|------|-----------------------------|
| Junior Boys 200 Metres | 29.91 | 2007 | A.Daramy – Liverpool |
| Junior Girls 200 Metres | 30.45 | 2010 | C.Williams - Casula |
| 11 Year Old Boys 200 Metres | 28.82 | 2007 | K.Alexis – Wattle Grove |
| 11 Year Old Girls 200 Metres | 30.34 | 2011 | C.Williams - Casula |
| 12-13 Year Boys 200 Metres | 27.10 | 2008 | K.Alexis – Wattle Grove |
| 12-13 Year Girls 200 Metres | 29.90 | 2008 | K.Thomas-Jennings - Dalmeny |

RELAYS

| | | | |
|--------------------|---------|------|--------------|
| Junior Boys Relay | 1:02.45 | 2010 | Wattle Grove |
| Junior Girls Relay | 1:05.68 | 2010 | Casula |
| Senior Boys Relay | 0:58.48 | 2010 | Wattle Grove |
| Senior Girls Relay | 1:02.41 | 2007 | Dalmeny |

OUTSTANDING ATHLETES

| | | |
|------|-------------|-------------------|
| 1996 | O.Vaivela | Warwick Farm |
| 1997 | S.Bentley | Marden Road |
| 1998 | R.Boateng | Liverpool |
| 1999 | S.Bentley | Newbridge Heights |
| 2000 | C.Wallace | Nuwarra |
| 2001 | C.Wallace | Nuwarra |
| 2003 | E.Canceri | Chipping Norton |
| | J.Thomas | Warwick Farm |
| 2004 | E.Canceri | Chipping Norton |
| 2005 | M.Nair | Chipping Norton |
| 2006 | B.Cox | Wattle Grove |
| 2007 | T.Woodall | Wattle Grove |
| 2008 | A.Daramy | Liverpool |
| | T.Woodall | Wattle Grove |
| 2009 | C. Williams | Casula |
| | S. Mudaliar | Chipping Norton |
| 2010 | | |
| 2011 | C. Williams | Casula |
| 2012 | Y. Ngeng | Chipping Norton |